Michelle Drerup, PsyD, DBSM, is Director of Behavioral Sleep Medicine at the Cleveland Clinic Sleep Disorders Center. She currently serves as Secretary/Treasurer of the Board of Behavioral Sleep Medicine. She is passionate about education and training and directs the Behavioral Sleep Medicine training program. In conjunction with the Wellness Institute, she developed a 6 week CBT-I based web program for individuals with insomnia and her current research focuses on exploring the efficacy of web based interventions for sleep in complex medical populations with symptoms of insomnia and implementation of population health management strategies for insomnia.